



Service Description

South Metro

Name of Organisation:

Australia Care t/as My Supports

Website (link):

www.mysupports.com.au

Areas Covered:

- Mandurah; and
- Rockingham

Support Clusters:

1. **Accommodation** is where you live and includes daily support needs.
2. **Daily living** support will help you to live on your own and be part of the community. It can also help you **learn** skills in personal care, communication, shopping, cooking and cleaning. This support can be used to get help with transport and teach family and carers how to support you.
3. **Communication-Auslan** – Person can communicate their requirements and understand information to follow or engage in essential activities.
4. **Wellbeing** support will help you to find a job or do community activities.
5. **Having a break** can help you to do things you enjoy and have a good relationship with your family and friends. You can get help to give your carer a break, go to activities or go to respite care in your own home or somewhere else.
6. **Support Planning** will help you if things in your life change. Support can be used when something happens that you did not know would happen, when there are many things to manage that you need help with and to plan during these times. Support can also be used by your main service provider to manage 3 or more of your services.

For the above cluster(s), My Supports is able to offer

- Services to individuals with psycho-social disability
- Shared Management

My Supports service description:

My Supports is a fully NDIS registered service provider in NSW, Victoria, South Australia and Western Australia and was founded and majority managed by people with a disability.

My Supports believes in a person-centred approach and will work closely with you to get to know you and what you would like us to support you in. We work closely with you to provide your choice of supports and carefully match your support workers to you.

We employ at least 50% people with a lived experience of disability and family carers, at all levels from Support workers to directors.

We work in neighbourhood teams with a local coordinator, local support workers and local clients, using local knowledge and connections to help you be a part of your community.

Contact details for people with disability and families:

Primary contact person	Brooke Demasson	Secondary contact person	Megan Robinson
Title	Organisational Development	Title	Manager
Areas covered	Mandurah and Rockingham	Areas covered	Mandurah and Rockingham
Telephone/mobile	9274 7575	Telephone/mobile	9274 7575
E-mail address	brooke.demasson@mysupports.com.au	E-mail address	megan.robinson@mysupports.com.au