



Service Description

South Metro

Name of Organisation:

Ruah Community Services

Website (link):

www.ruah.org.au

Areas Covered:

- Mandurah; and
- Rockingham

Support Clusters:

1. **Accommodation** is where you live and includes daily support needs.
 2. **Daily living** support will help you to live on your own and be part of the community. It can also help you **learn** skills in personal care, communication, shopping, cooking and cleaning. This support can be used to get help with transport and teach family and carers how to support you.
 4. **Wellbeing** support will help you to find a job or do community activities.
 5. **Having a break** can help you to do things you enjoy and have a good relationship with your family and friends. You can get help to give your carer a break, go to activities or go to respite care in your own home or somewhere else.
 6. **Support Planning** will help you if things in your life change. Support can be used when something happens that you did not know would happen, when there are many things to manage that you need help with and to plan during these times. Support can also be used by your main service provider to manage 3 or more of your services.
 7. **Behaviour support and specialist care**
 - 7a. Behaviour Support.
- For the above cluster(s), Ruah is able to offer**
- Services to individuals with psycho-social disability

Ruah's service description

Learning and Life Skills – Building your skills and knowledge to live independently.

Community Recreation – Connecting you with your community, building confidence and meeting friends.

Finding and Keeping a Job – Building skills to get you ready for a job and supporting your career goals.

Coordination Support – Assisting you in the planning and coordination of support services so everyone is working to achieve the same goals.

Supporting Your Accommodation Choices - Assisting you to live independently or with others and supporting you to maintain your accommodation and manage household tasks.

Building Independence – Supporting you in your day-to-day activities.

Staying Safe – Working with you to create strategies for self-care.

Empowering Carers - Increasing your carer's knowledge and understanding of your needs and developing strategies to respond to a decline in your wellness.

Contact details:

Primary contact person	Michelle Twigger	Secondary of contact person	Luke Rowe
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