



Service Description

South Metro

Name of Organisation:

Directions Disability Support Services

Website (link):

www.directions.asn.au

Areas Covered:

- Mandurah; and
- Rockingham

Support Clusters:

1. **Accommodation** is where you live and includes daily support needs.
2. **Daily living** support will help you to live on your own and be part of the community. It can also help you **learn** skills in personal care, communication, shopping, cooking and cleaning. This support can be used to get help with transport and teach family and carers how to support you.
4. **Wellbeing** support will help you to find a job or do community activities.
5. **Having a break** can help you to do things you enjoy and have a good relationship with your family and friends. You can get help to give your carer a break, go to activities or go to respite care in your own home or somewhere else.
6. **Support Planning** will help you if things in your life change. Support can be used when something happens that you did not know would happen, when there are many things to manage that you need help with and to plan during these times. Support can also be used by your main service provider to manage 3 or more of your services.
7. **Behaviour support and specialist care**
 - 7a. Behaviour Support.
 - 7b. Specialist care for persons with high care needs (includes nursing care in the community for people with high care needs).
8. **Therapy and Specific Support** will help you do more for yourself and be included in the community.

Direction's service description:

Directions provides relationship-based, personalised and individually tailored support to people throughout Rockingham, Mandurah and Pinjarra.

Directions has an excellent reputation for providing high quality support that is flexible, creative and inclusive. We support people to achieve their aspirations, and get the very best out of life.

- We support people to become active members of their community, joining in activities and clubs that interest them.
- We enhance confidence and help people build the skills of independence.
- We assist people to volunteer and work towards employment.
- We help people build their social skills, having fun with others, through group activities such as Teenspirit.
- We provide all the support and personal care necessary for people to get the most out of every day.
- We have wonderful host families for people that would rather share a family life than go into group accommodation.

Directions is also a therapy provider of Occupational Therapy, Speech Therapy, Physiotherapy and Social Work. Our family centred therapy is a wrap-around service which specialises in:

1. Early intervention for children under 8 years old; and
2. Therapy for older children and young adults, with a particular focus on the final years of high school and school leavers, building independence and ensuring the very best preparation for adulthood, and enhancement of adult life.

Our services complement each other. Our community services are improved by input from therapists, and our therapy is improved by the involvement of the support workers ensuring consistency and continuity across all activities. The best of all worlds.

Contact details:

Primary contact person	Yolanda Morris	Secondary contact person	Rebecca Wood
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