



WA National Disability Insurance Scheme

Individualised planning

Planning is central to the NDIS. The planning process supports people with disability, their families and carers to consider how they might like their life to look, both now and into the future.

Local Coordinators can assist you to develop your plan. They can provide advice about available opportunities and help you figure out how to achieve the goals identified in your plan.

You are central to this process and can choose to take full control of your own plan, or you may choose to have a service provider manage all or some of your supports and services.

How does the planning process work?

As a first step, your Local Coordinator will get to know you and support you as much or as little as you need during this planning process. You can also include family members, carers or anyone else you would like.

Questions to help build your plan might include:

- How would I like my life to be?
- Who am I and what is my life like now?
- What would I like to build on?
- How can this happen?

From this conversation, your Local Coordinator can support you to develop your individualised plan, outlining your personal goals and any strategies that you have identified that will assist you to achieve these goals. This planning process includes consideration of your skills, strengths and support needs.

Your NDIS plan can also acknowledge and reflect your culture, lifestyle and religious beliefs.

What does individualised planning help you to do?

- Build on your natural supports such as friendships, neighbours and community groups.
- Clarify your choices about a pathway towards the life you want to live.
- Identify opportunities to belong and make a contribution that is welcomed.
- Develop your talents and skills.
- Build on opportunities for a valued role in the community.
- Feel confident that your future is safe and secure.
- Access the supports and services you require to achieve goals.

Can I choose how I manage my plan?

A key aspect of the NDIS planning process in WA is choosing how your plan is managed. We understand that good outcomes are achieved when people have more control over the supports and services they use.

You may decide to manage your own plan. Self-managing your plan means you will be responsible for things like receiving and managing any funding provided, purchasing supports (including payment of indirect costs such as taxes), implementing safeguards, acquitting funds and meeting other accountability requirements. It's a big responsibility, and you can discuss with your Local Coordinator about whether this is the best option for you.

Alternatively you may choose to have your plan managed by your preferred service provider or to share management responsibilities with your chosen provider. Flexibility is the key and Local Coordinators will help you reach the level of plan management that works best for you.

Can I make changes to my plan?

NDIS plans are designed to be flexible and responsive to opportunities, challenges and changes in your life.

This means that you and your Local Coordinator will monitor, typically on a yearly basis, the progress of your plan against your goals and review your plan if required. You and your Local Coordinator will be able to identify any risks or urgent needs that need to be addressed through your plan.

Further information

- **Visit:** www.disability.wa.gov.au
 - **Email:** WANDIS@dsc.wa.gov.au
 - **Call:** 1800 996 214
 - **TTY:** 9426 9315
 - **Am I Eligible?:** This online tool allows people to check their potential eligibility for the NDIS. Go to www.disability.wa.gov.au and click on **Am I Eligible?**
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