



Individualised planning

Fact sheet

The National Disability Insurance Scheme (NDIS) began rolling out across Western Australia from 1 July 2017. The National Disability Insurance Agency (NDIA) will assume responsibility for the NDIS in WA from 1 July 2018. All eligible people will have access to the Scheme by 2020.

The planning process helps people with disability, their families and carers to think about how they might like their life to look, now and into the future.

Local Coordinators can assist you to develop your National Disability Insurance Scheme (NDIS) plan. They can give you information about available opportunities and help you work out how to achieve the goals in your plan.

When you have developed your plan, you can choose to take full control of your plan, or you can choose to have a service provider manage all or some of your supports.

A diagram at the end of this document shows the individualised planning process.

How does the planning process work?

As a first step, your Local Coordinator will get to know you and support you as much or as little as you need during this planning process. You can also include family members, carers or anyone else you would like. Questions to help you make your plan might include:

- Who am I and what is my life like now?
- How would I like my life to be?
- What would I like to build on?
- How can this happen?

From this conversation, your Local Coordinator can help you to make your plan. It will outline your personal goals and any strategies that you have decided will assist you to achieve these goals. This planning process includes working out your skills, strengths and support needs.

Your plan can also acknowledge and reflect your culture, lifestyle and religious beliefs.

What will an individual plan help me to do?

- Build on your natural supports such as friendships, neighbours and community groups.
- Clarify your choices about a pathway towards the life you want to live.
- Identify opportunities to belong and make a contribution that is welcomed.
- Develop your talents and skills.
- Build on opportunities for a valued role in the community.
- Feel confident that your future is safe and secure.
- Access the supports and services you require to achieve your goals.



Can I choose how I manage my plan?

A key aspect of the NDIS planning process in WA is choosing how your plan is managed. We understand that good outcomes are achieved when people have more control over the supports and services they use.

You may decide to manage your own plan. Self-managing your plan means you will be responsible for things like receiving and managing any funding provided, purchasing supports (including payment of indirect costs such as taxes), implementing safeguards, acquitting funds and meeting other accountability requirements. It's a big responsibility, and you can discuss with your Local Coordinator about whether this is the best option for you.

Alternatively, you may choose to have your plan managed by your preferred service provider or to share management responsibilities with your chosen provider. Flexibility is the key and Local Coordinators will help you reach the level of plan management that works best for you.

Can I make changes to my plan?

NDIS plans are designed to be flexible and responsive to opportunities, challenges and changes in your life. This means that you and your Local Coordinator will review your plan, typically on a yearly basis, to monitor the progress of your plan against your goals and update your plan if required.

Further information

- **Visit:** www.disability.wa.gov.au
- **Email:** WANDIS@dsc.wa.gov.au
- **Call:** 1800 996 214
- **TTY:** 9426 9315
- **Am I Eligible?:** This online tool allows you to check your potential eligibility for the NDIS. Go to www.disability.wa.gov.au and click on **Am I Eligible?**

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Individualised planning cycle

The individualised planning cycle is shown in the diagram below.

